

We're here to help.

Support for Cradle Coast Students

The Support and Equity Unit (SEU) is committed to supporting UTAS students based at the Cradle Coast campus in Burnie. SEU provides a range of focused support services to enhance your experience as a student, encourage academic success, and maximise your graduate opportunities on completion of your degree.

SUPPORT FOR FIRST YEARS

Commencing university study is a significant transition. To help you with this process, SEU has developed a website resource for first year students. First Year @ UTAS covers all the information that commencing students need to know in order to make a good transition into uni life. From this website, you can access useful information such as:

- *UGrow USucceed* – a series of online modules in the form of narrated powerpoint presentations, covering topics such as Understanding Uni and Time Management.
- *Online Orientation* – 6 comprehensive modules which you can complete at the start of your uni studies and return to at any stage to refresh your knowledge.

Web: www.firstyear.utas.edu.au

WHAT OTHER SERVICES ARE AVAILABLE?

We also provide specialist support in the following areas:

Career Development and Employment

Careers advisers provide information and advice about job search strategies, career decision-making, and all elements of the job application process. The online jobs database, CareerHub, is maintained by Career Development and Employment staff, and provides listings of part-time/casual employment to support you while you study, as well as graduate positions and opportunities after you have completed your degree.

Web: www.support-equity.utas.edu.au/careers
<http://careerhub.utas.edu.au>

Counselling

Counsellors are qualified professionals and offer confidential counselling on personal issues that may impact on your studies, including (but not limited to) anxiety, stress, depression, motivational problems and relationship difficulties. Counsellors can also provide information and assistance with a range of university issues such as student complaints and withdrawal from subjects.

Web: www.support-equity.utas.edu.au/counselling

Disability

Disability advisers provide specialist services and study accommodations for students with a disability or health condition, in order to facilitate equal access to learning. If you need adjustments, for example additional reading time for exams, note-takers during lectures or loan of specialist equipment, the disability adviser will work with you and relevant academic staff to identify ways to reduce the impact of your disability on your studies.

Web: www.support-equity.utas.edu.au/disability

Cross-cultural support

Culturally and linguistically diverse (CALD) students are citizens or permanent residents of Australia and represent a great diversity of cultures and languages at UTAS. Some are voluntary migrants, while many have entered Australia on humanitarian visas after being refugees. Support staff provide individual assistance with issues relating to settling into study, such as university processes and academic expectations.

Web: www.support-equity.utas.edu.au/cald

HOW TO ACCESS SUPPORT FROM SEU

Face-to-face contact on campus

The Cradle Coast campus has an on-campus counsellor, who is available 3 days a week for free, confidential counselling on personal issues. Appointments can be made through Cradle Coast Reception staff.

The Launceston-based careers adviser and disability adviser also travel to the Cradle Coast campus several times a semester to see students face-to-face and to run workshops. Opportunities to make individual appointments, and details of workshop dates, are publicised in advance by email to Cradle Coast students.

Web resources

The SEU website is a very useful source of information. Links to each support area contain a wealth of material, including audio files, narrated powerpoint slides, and other useful links. From the SEU website you can also access fact sheets on a comprehensive list of topics and useful study tools such as weekly planners.

Web: www.support-equity.utas.edu.au

Phone appointments

Staff in all areas of SEU are available for phone consultation. To clarify your issue and to make a phone appointment with an adviser or counsellor, either phone or email SEU administrative staff.

Phone: 1800 817 675

Email: Support.Equity@admin.utas.edu.au

Email

Your particular issue or query may be able to be resolved through email – for example, feedback on resumes, contact details for other university staff, advice and information about other support services outside the university.

To request email contacts for relevant SEU staff, email us on Support.Equity@admin.utas.edu.au or phone 1800 817 675.

USEFUL CONTACTS

Cradle Coast administrative staff

Phone: 6430 4949

Email: ccc.support@utas.edu.au

On-campus counsellor

Julie Taylor

Phone: 6430 4947

Email: Julie.Taylor@utas.edu.au

Support and Equity Unit

Email: Support.Equity@admin.utas.edu.au

Phone: 1800 817 675

USEFUL WEBSITES

www.support-equity.utas.edu.au

www.cradle-coast.utas.edu.au

www.firstyear.utas.edu.au

<http://careerhub.utas.edu.au>