

We're here to help.

Support for Sydney Students

WHAT SERVICES ARE AVAILABLE?

The Support and Equity Unit (SEU) is committed to supporting UTAS Nursing and Paramedic Practice students based at the Rozelle campus and Nursing students based at the Darlinghurst campus in Sydney. SEU provides a range of focused support services to enhance your experience as a student, encourage academic success, and maximise your graduate opportunities on completion of your degree.

SUPPORT FOR FIRST YEARS

Commencing university study is a significant transition. To help you with this process, SEU has developed a website resource for first year students. First Year @ UTAS covers all the information that commencing students need to know in order to make a good transition into uni life. From this website, you can access useful information such as:

- *UGrow USucceed* – a series of online modules in the form of narrated powerpoint presentations, covering topics such as Understanding Uni and Time Management.
- *Online Orientation* – 6 comprehensive modules which you can complete at the start of your uni studies and return to at any stage to refresh your knowledge.

Web: www.firstyear.utas.edu.au

WHAT OTHER SERVICES ARE AVAILABLE?

We also provide specialist support in the following areas:

Career Development & Employment

Careers advisers provide information and advice about job search strategies, career decision-making, and all elements of the job application process. The online jobs database, CareerHub, is maintained by Career Development and Employment staff, and provides listings of graduate positions and opportunities after you have completed your degree. Final-year Nursing students can also access a UTAS MyLo site called Nursing Careers, which is a portal to information in each Australian state about graduate nursing programs.

Web: www.support-equity.utas.edu.au/careers
<http://careerhub.utas.edu.au>

Counselling

Counsellors are qualified professionals and offer confidential counselling on personal issues that may impact on your studies, including (but not limited to) anxiety, stress, depression, motivational problems and relationship difficulties. Counsellors can also provide information and assistance with a range of university issues such as student complaints and withdrawal from subjects.

Web: www.support-equity.utas.edu.au/counselling

Disability

Disability advisers provide specialist services and study accommodations for students with a disability or health condition, in order to facilitate equal access to learning. If you need adjustments or support,

for example additional reading time for exams, note-takers during lectures or loan of specialised equipment, the disability adviser will work with you and relevant academic staff to identify ways to reduce the impact of your disability on your studies.

Web: www.support-equity.utas.edu.au/disability

Cross-cultural support

Culturally and linguistically diverse (CALD) students are citizens or permanent residents of Australia and represent a great diversity of cultures and languages at UTAS. Some are voluntary migrants, while many have entered Australia on humanitarian visas after being refugees. Support staff provide individual assistance with issues relating to settling into study, such as university processes and academic expectations.

Web: www.support-equity.utas.edu.au/cald

Transition Support

Student Advisers are located in faculties and schools, and offer individualised assistance to help you solve your problems or identify where you need to go for help with these issues. Your adviser will refer you to specialised support if necessary and follow up to see how it's all going. From simple requests for information, to more complex and serious matters, Student Advisers are your first point of contact.

Web: www.firstyear.utas.edu.au/studentadvisers

HOW TO ACCESS SUPPORT FROM SEU

Phone appointments

Staff in all areas of SEU are available for phone consultation. To clarify your issue and to make an initial phone appointment with an adviser or counsellor, either phone or email SEU administrative staff. Further arrangements can be made for face-to-face contact with a counsellor if required.

Email: Support.Equity@admin.utas.edu.au

Phone: 1800 817 675

Email

Your particular issue or query may be able to be resolved through email – for example, feedback on resumes, contact details for other university staff, advice and information about other support

services outside the university. To request email contacts for relevant SEU staff, email us on Support.Equity@admin.utas.edu.au or phone 1800 817 675.

Web resources

The SEU website is a very useful source of information. Links to each support area contain a wealth of material, including audio files, narrated powerpoint slides, and other useful external websites.

From the website you can also access fact sheets on a comprehensive list of topics and useful study tools such as weekly planners.

Web: www.support-equity.utas.edu.au

USEFUL CONTACTS

Support & Equity Unit

Phone: 1800 817 675

Email: Support.Equity@admin.utas.edu.au

School of Nursing & Midwifery

(Nursing students)

School of Medicine

(Paramedic Practice students)

Rozelle students can contact:

Julienne Onley

Associate Head – Rozelle/Campus
Manager

Phone: (02) 8572 7964

Email: Julienne.Onley@utas.edu.au

Darlinghurst students can contact:

Tiffany Ponsittinat

Administration Officer

Phone: (02) 8382 4820

Email: Tiffany.Ponsittinat@utas.edu.au

USEFUL WEBSITES

www.support-equity.utas.edu.au

<http://careerhub.utas.edu.au>

www.firstyear.utas.edu.au/

www.snm.utas.edu.au/students/